



भारत का उच्चायोग
HIGH COMMISSION OF INDIA
लिलॉंग्वे (मलावी)
LILONGWE (MALAWI)

PRESS RELEASE

5th International Day of Yoga was celebrated with enthusiasm on 23 June 2019 at Indian Country Club, Lilongwe. Around 250 yoga lovers of various nationalities took part in yoga demonstrations and followed Common Yoga Protocol in the event. Director (International Cooperation), Ministry of Foreign Affairs and International Cooperation, Government of Malawi, represented Minister of Foreign Affairs with his message. Dignitaries from Malawi Government, UN Representative, senior diplomats from other Embassies and eminent personalities from the community attended the event.

Message of Prime Minister Shri Narendra Modi was read out in the event. Common Yoga Protocol was demonstrated by yoga instructors and was followed by all the participants.

A Curtain raiser to the 5th International Day of Yoga was also organized at Indian Sports Club in Limbe, Blantyre on 16 June 2019.

The photos/videos of the events are available for download at following link:
Facebook: <https://www.facebook.com/IndiaInMalawi/?ref=bookmarks>

Lilongwe
24.06.2019